

<b>78: Flaxseed Brown</b>	ITEM#:	<b>78</b>
	ISSUED/EDITED BY:	<b>CC</b>
	PAGE:	<b>1 of 2</b>
	ISSUED DATE:	<b>11/10/2017</b>
	LAST REVIEW DATE:	<b>11/29/2018</b>
	SUPPLIER #:	<b>Various</b>

**Description:** Flaxseed Brown, also known as Linseed, comes from the Flax plant which is cultivated for its seeds as well as its fiber. The seeds, which are a little larger than sesame seeds, contain omega-3 fatty acids, dietary fiber, and lignans. Used since ancient times, flax is renowned for a myriad of health benefits.

**Regulatory:** Products are produced under the jurisdiction of the FDA and are listed in the CFR-Title 21 subchapter B, Part 117 as "Current Good Manufacturing Practice, Hazard Analysis, and Risk-Based Preventive Controls for Human Food".

**Ingredients:** Brown Flaxseed

**Certifications:** Kosher

**Sensory:**  
*Appearance* Typical of Brown Flaxseed; consistent light to reddish brown  
*Flavor* Typical of Brown Flaxseed; nutty, earthy, oily flavor  
*Odor* Typical of Brown Flaxseed; no objectionable or off odors

<b>Physical:</b>	<i>Purity</i>	≥ 99.9	%
	<i>Moisture:</i>	≤ 10.0	%
	<i>Test weight US #1 Grade</i>	≥ 49.0	lb/bu

<b>Chemical:</b>	NA	NA	NA
------------------	----	----	----

<b>Microbiological:</b>	NA	NA	NA
-------------------------	----	----	----

**Recommended Storage:** Store in a clean, dry, cool location. Recommended < 75° F and < 65% RH. Transport at ambient conditions in dry, clean, odorless containers.

**Shelf life:** Best within 36 months from date of manufacture in original packaging under recommended storage condition.

**Allergen:** May be processed in a facility that also processes allergens.

**GMO Status:** The variety supplier is of a Non-GMO variety and has not been produced with genetically modified organisms.

**Microbial:** This is a raw agricultural commodity. No kill step has been applied. Further processing may be needed to reduce microbial levels. Suitability is at the discretion of the customer and should be dependent upon application.

78: Flaxseed Brown	ITEM#:	<b>78</b>
	ISSUED/EDITED BY:	<b>CC</b>
	PAGE:	<b>2 of 2</b>
	ISSUED DATE:	<b>11/10/2017</b>
	LAST REVIEW DATE:	<b>11/29/2018</b>
	SUPPLIER #:	<b>Various</b>

<b>Nutrition Facts</b>		
Serving Size	100 g	
servings per container	NA	
Amount per Serving		
<b>Calories</b>		<b>534</b>
% Daily Value *		
<b>Total Fat</b>	42.00 g	65 %
Saturated Fat	4.00 g	20 %
Trans Fat	0.0 g	
<b>Cholesterol</b>	0.0 mg	0 %
<b>Sodium</b>	30.0 mg	1 %
<b>Total Carbohydrates</b>	29.0 g	10 %
Dietary Fiber	27.00 g	108 %
<b>Total Sugars</b>	2.00 g	
Added Sugars	0.00 g	
<b>Protein</b>	18.00 g	36 %
Vitamin D	0 mcg	0 %
Calcium	255 mg	25.5 %
Iron	5.7 mg	31.67 %
Potassium	813 mg	23.23 %
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice		

\*\*The values listed above represent data collected from our suppliers and/or the USDA National Database for Standard and are considered truthful and accurate to the best of our knowledge.