



Leek Green and White | Flake 3/8in

Product Description:

- **Dehydrated Leek** is prepared from the green and white portions of fresh, mature leeks which have been washed, trimmed, sliced, dried, and finish processed.
- This product complies with current Good Manufacturing Practice in Manufacturing, Packaging, and Holding Human Food (21 CFR 117), and with the Code of Hygiene Practice for Dehydrated Fruits and Vegetables (CAC/RCP-5-1971, Rev. 2-1985), General Principles of Food Hygiene (CAC/RCP-1969, Rev 2-1985).
- Product shall be free of ferrous and non-ferrous metal >1.0mm, 300 series stainless steel >1.5mm. Practically free of extraneous vegetable matter and other foreign material based on processing capabilities.
- Product is Kosher.

Microbiological¹:

TPC 300,000/g, Yeast 500/g, Mold 500/g, Coliforms 500/g, E. coli <3 or <10/g, C Staph <10/g, Salmonella Negative/750g.

Hydration:

Allow 5-10 minutes in boiling water, and 1-2 hours in cold water. Typical re-hydration ratio is about 1:6 (dry: fresh).

Moisture:

5.5% max

Color:

Mixed light green and white to yellow green

Ingredient Statement:

Leek

Physical Properties:

Item Description	3/8" Flake	
Item Code	VLE1-F38-BKD-AA	
Product Size ²	3/8"	
USS mesh size	3% max on US #3/8 12% max thru US #12	

* Custom sizes available upon request. Call for specs and item codes.

Packaging/Storage:

- Product is supplied in poly-lined corrugated fiber cases.
- Recommended storage is in a cool dry area.
- Shelf life under normal conditions is 24 months.

¹ Microbiological results are based on a three-class sampling plan.

² Percentages represent maximum allowed unless otherwise specified



ATLANTIC SPICE CO.

Dehydrated Leek

Per 100 Grams

Nutrients	Per 100g	Nutrients	Per 100g
Basic Components		Vitamin B6 (mg)	1.29
Calories (kcal)	341.00	Vitamin B12 (mcg)	--
Calories from Fat (kcal)	15.12	Vitamin C (mg)	67.10
Calories from SatFat (kcal)	1.96	Vitamin D – (mcg)	0.00
Fat (g)	1.68	Vitamin E - IU (IU)	--
Saturated Fat (g)	0.22	Folate (mcg)	358.00
Trans Fatty Acid (g)	0.00	Biotin (mcg)	--
Poly Fat (g)	0.94	Pantothenic Acid (mg)	0.78
Mono Fat (g)	0.02	Minerals	
Cholesterol (mg)	0.00	Sodium (mg)	112.00
Carbohydrates (g)	79.10	Potassium (mg)	1006.00
Dietary Fiber (g)	8.44	Calcium (mg)	330.00
Soluble Fiber (g)	--	Iron (mg)	11.70
Insoluble Fiber (g)	--	Phosphorus (mg)	196.00
Total Sugars (g)	21.80	Magnesium (mg)	156.00
Added Sugar (g)	0.00	Zinc (mg)	0.67
Other Carbs (g)	48.86	Iodine (mcg)	--
Protein (g)	8.38	Copper (mg)	--
Ash (g)	5.84	Manganese (mg)	--
Water (g)	5.00	Selenium (mcg)	--
Vitamins		Other Fats	
Vitamin A - IU (IU)	531.00	Omega 3 Fatty Acid (g)	--
Vitamin A – RAE (mcg)	26.55	Omega 6 Fatty Acid (g)	--
Vitamin A - RE (RE)	53.10	Other Nutrients	
Vitamin A – Beta Carotene(mcg)	318.60	Alcohol (g)	0.00
Vitamin A - Carotenoid RE (RE)	53.10	Caffeine (mg)	0.00
Vitamin B1 - Thiamin (mg)	0.34	Sugar Alcohol (g)	--
Vitamin B2 - Riboflavin (mg)	0.17		
Vitamin B3 - Niacin (mg)	2.24		